

# EHS Course Progress Checklist

## CSHO Core Requirements

- |        |  |             |                 |
|--------|--|-------------|-----------------|
| OSH222 | Respiratory Protection (OSHA #2225)                            | Date: _____ | Location: _____ |
| OSH226 | Permit-Required Confined Space Entry (OSHA #2264)              | Date: _____ | Location: _____ |
| OSH309 | Electrical Standards (OSHA #3095)                              | Date: _____ | Location: _____ |
| OSH311 | Fall Protection (OSHA #3115)                                   | Date: _____ | Location: _____ |
| OSH521 | OSHA Guide to Industrial Hygiene (OSHA #521)                   | Date: _____ | Location: _____ |
| OSH750 | Introduction to Safety and Health Management (OSHA #7500)      | Date: _____ | Location: _____ |
| OSH755 | Introduction to Incident [Accident] Investigation (OSHA #7505) | Date: _____ | Location: _____ |
| OSH784 | Recordkeeping Rule Seminar (OSHA #7845)                        | Date: _____ | Location: _____ |

## Construction Industry CSHO Track

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|---|--|-------------|-----------------|
| OSH205  | Cranes in Construction (OSHA #2055)  | Date: _____ | Location: _____ |
| OSH301  | Excavation, Trenching, and Soil Mechanics (OSHA #3015)                             | Date: _____ | Location: _____ |
| OSH308  | Principles of Scaffolding (OSHA #3085)   | Date: _____ | Location: _____ |
| OSH510  | Occupational Safety and Health Standards for the Construction Industry (OSHA #510) | Date: _____ | Location: _____ |
| Submit CSHO Application two (2) weeks before starting your last CSHO class. |  | Date: _____ |                 |

## General Industry CSHO Track

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|---|---|-------------|-----------------|
| OSH201  | Hazardous Materials (OSHA #2015)  | Date: _____ | Location: _____ |
| OSH204  | Machinery and Machine Guarding Standards (OSHA #2045)                     | Date: _____ | Location: _____ |
| OSH225  | Principles of Ergonomics (OSHA #2255)                                     | Date: _____ | Location: _____ |
| OSH511  | Occupational Safety and Health Standards for General Industry (OSHA #511) | Date: _____ | Location: _____ |
| Submit CSHO Application two (2) weeks before starting your last CSHO class. |   | Date: _____ |                 |

## OSHA Outreach Trainer - Construction Industry

Five years of general industry safety experience (A bachelor degree or higher in occupational safety and health, a Certified Safety Professional, or a Certified Industrial Hygienist designation in the applicable training area may be substituted for two years of experience)

OSH510 Occupational Safety and Health Standards for the Construction Industry (OSHA #510) Date: \_\_\_\_\_ Location: \_\_\_\_\_

Submit OSHA Trainer Course Prerequisite Verification Form (Approval needed prior to enrolling in OSH500)

OSH500 Trainer Course Occupational Safety & Health Standard, Construction (OSHA #500) Date: \_\_\_\_\_ Location: \_\_\_\_\_

**(NOTE: Must be updated every four [4] years.)**

## OSHA Outreach Trainer - General Industry

Five years of general industry safety experience (A bachelor degree or higher in occupational safety and health, a Certified Safety Professional, or a Certified Industrial Hygienist designation in the applicable training area may be substituted for two years of experience)

OSH511 Occupational Safety and Health Standards for General Industry (OSHA #511) Date: \_\_\_\_\_ Location: \_\_\_\_\_

Submit OSHA Trainer Course Prerequisite Verification Form (Approval needed prior to enrolling in OSH501)

OSH501 Trainer Course Occupational Safety & Health Standard, General Industry (OSHA #501) Date: \_\_\_\_\_ Location: \_\_\_\_\_

**(NOTE: Must be updated every four [4] years.)**

## CESHO

Completed CSHO from TEEX or any other OSHA Training Institute Educational Center Date: \_\_\_\_\_

ENV410 Introduction to Environmental Compliance Date: \_\_\_\_\_ Location: \_\_\_\_\_

ENV420 Hazardous Waste Management and Compliance Date: \_\_\_\_\_ Location: \_\_\_\_\_

ENV430 Managing Environmental Release Events Date: \_\_\_\_\_ Location: \_\_\_\_\_

ENV440 Environmental Management of Water Date: \_\_\_\_\_ Location: \_\_\_\_\_

ENV450 Environmental Monitoring and Instrumentation Date: \_\_\_\_\_ Location: \_\_\_\_\_

Submit CESHO Application 2 weeks before starting your last CSHO class. Date: \_\_\_\_\_