

FIRST RESPONDER WELLNESS COUNSELING INTERNSHIP

Program Overview

Texas A&M Engineering Extension Service (TEEX) offers a graduate internship program for students who are looking to satisfy practicum requirements in counseling, psychology, social work, marriage and family counseling, and career counseling in a graduate program at an accredited university. Graduate Counseling Interns are considered volunteers of TEEX, but activities are designed to fulfill a broad range of para-professional hours for fieldwork or internship requirements of master's and doctoral degree programs. Graduate Student Interns will have special interests in working with clients from a public safety field such as law enforcement, fire, EMS, rescue personnel and victim services. However, TEEX practicum student duties will also range between learning and understanding academic and career counseling as well as teaching in Student Development courses. The practicum student will work under direct supervision of a fully licensed mental health professional that has expertise in the areas described. The counseling internship is an unpaid internship.

Application Process

- Completed Application
- Cover letter
- Resume
- 1 letter of recommendation from a faculty member

Eligibility/Requirements

- Commitment to 6 months (2 semesters)
- Background check required
- Successful completed of a university supervised practicum or equivalent
- Expressed desire in developing counseling skills focused on public safety professionals
- Maintain liability insurance

Must either have proof of previous attendance or concurrent attendance in either a Citizen Police Academy or Citizens Fire Academy. This requirement may be waived if an intern can provide proof previously or currently employed as a public safety professional.

Interview Process/Selection

Applicants will be screened and notified by email or phone whether an interview is granted. A limited number of applicants will be invited for an interview.

Required Reading

- *Mindfulness for Warriors* – Kim Colegrove
- *Emotional Survival for Law Enforcement* – Kevin M. Gilmartin, Ph.D.

Training

- Interns are required to complete a 1-week orientation right before the start of the semester from 9am-3pm
- Ongoing training will be an agreement between the individual intern and the clinical supervisor. An on-going training plan will be developed at the beginning of the semester and reevaluated each subsequent semester.

Supervision

- The intern will meet with the onsite clinical supervisor for 1 hour each week and additionally as needed.

To Request an Application:
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